Behaviour Policy

At ARK Alternative Provision we encourage positive behaviour, emotional growth and resilience and learning through:

• Building relationships and trust; It is vital for young people to trust adults if the experience is to be a positive one.

Through building relationships at ARK AP, adults can gain an understanding of young people's emotional difficulties and the triggers which may cause behavioural changes of fight or flight. As trust is built, we can teach young people coping strategies and use reflection opportunities to talk about feelings and emotions enabling them to become emotionally literate and aware of feelings and aware of who we are.

• Adult's modelling positive behaviour and creating a positive site atmosphere where everybody is treated as equals.

• Adults praising the young people for meeting targets, positive behaviour and making progress.

• Having consistent boundaries will give young people security and enable them to know what to expect. An effective way is to involve and engage the young people in setting the rules and boundaries.

Rules and boundaries are reinforced at the beginning of each session.

• Setting up opportunities for young people to learn to work together; developing social skills, sharing resources, trying new activities. • Being in the natural environment, ARK naturally creates a calming environment, green is thought to be a calming colour.

• Setting up activities enabling young people to achieve in tasks they enjoy and have interest in.

<u>Rewards At ARK</u>

We aim to build young people's self-esteem and confidence through self- appraisal and their own sense of achievement, through the completion of activities and projects.

Adults at ARK facilitate learning to ensure that young people achieve. When giving praise it should be for the process.

We will share items made and progress made (with permission of the young people) with the rest of the group to celebrate individual success.

Individuals may choose a reward, i.e. to spend time with the animals or 1:1 sports/activities if practicable.

Sanctions

If a young person's behaviour becomes unsafe to himself or others then that behaviour needs to be stopped, and every measure taken to prevent a situation escalating. If needed the young person will be removed from a certain area.

The young person will be given recovery time and the incident will be discussed once all calm with possible resolutions. This may need to take place during the start of the next session.

Incidents will be recorded and the school/parent/SEN team informed (for information only).

If the behaviour is continued and it deemed to be an unsafe provision for the young person, ARK may terminate the placement for the welfare of all involved.

This policy will be evaluated and reviewed by ARK at Egwood CIC annually to ensure that it is supporting the required behaviour change.

Signed 

Date: 20/03/26

To be reviewed annually